

Support services for those affected by sexual and gender-based violence

In case of immediate emergency

- **Call 17** - Police / Gendarmerie
 - For victims or witnesses of an immediate or serious event
- **Send a message to 114** - Emergency number for deaf and hard-of-hearing individuals
 - For people with speaking or hearing difficulties, or for those unable to speak aloud immediately

If you have been a victim or witness of sexual and/or gender-based violence, please be aware that several resources and support structures are available to inform or assist you. These steps can be taken anonymously and confidentially, within your institution or with professionals outside of it. In such cases, your institution's administration will only be informed if you choose to do so.

Contacts at your university

Below, you will find information provided by your university, followed by national resources. All of these resources are intended for witnesses and victims, regardless of age or gender.

Sciences Po

A partnership exists with the federation of associations *France Victimes*. They provide a free, external, and confidential listening and support service managed by professionals who are in contact with legal experts, psychologists, and social workers. Sciences Po students have dedicated contacts:

- by telephone, every day from 9 am to 9 pm
☎ +33 (0)1 80 52 33 83
- by email
✉ help.vss@sciencespo.fr

Nurses from the health department serve as "SGBV relays" on each campus. They also provide confidential listening. Here is their contact:

- infirmiere.dijon@sciencespo.fr
- infirmiere.lehavre@sciencespo.fr
- infirmier.menton@sciencespo.fr
- infirmiere.nancy@sciencespo.fr
- infirmiere.paris@sciencespo.fr
- infirmier.poitiers@sciencespo.fr
- infirmiere.reims@sciencespo.fr

If you would like more information specific to your institution or if you wish to make a report directly to the SGBV contact at Sciences Po, [please visit the dedicated website](#).

Université Paris Cité

If you are a victim or witness of a situation involving violence, discrimination, or harassment, you can report it by sending a message to the address signalement@u-paris.fr. Your report will be received in complete confidentiality, and support will be offered to you.

You can find information regarding the UPCité reporting system by visiting [the dedicated website](#).

If you would like support from a healthcare professional, the [student healthcare centre](#) offers free consultations. To access support for Sexual and Gender-based Violence, you can arrange an appointment with the Relationship and Family Counselor by emailing psychotrauma.sse@u-paris.fr.

A partnership exists with the association Women Safe. They provide a free confidential listening service (in-person or remote) and offer psychological and legal support if needed. You can contact them:

- by phone, Monday to Friday from 9 am to 6 pm
☎ +33 (0)1 39 10 85 35
- by email
✉ accueil@women-safe.org

National reference resources

- 3919 – Violences femmes info
 - Anonymous, available 24/7, free from a landline or mobile phone in mainland France, as well as in the overseas territories
- arretionslesviolences.gouv.fr
 - Free, anonymous reporting portal available 24/7 (in French)
- 3928 ou defenseurdesdroits.fr - Office of the Defender of Rights
 - Fighting against all forms of discrimination
 - Free, confidential services available Monday to Friday from 9:30 am to 7 pm
- Cnaé (National Coordination for Student Support) – support, listening, and reporting service for students experiencing situations of distress, violence, or discrimination (in French)
 -  by telephone, free and confidential, from 10 am to 9 pm on weekdays and from 10 am to 2 pm on Saturdays: 0 800 737 800
 -  by email: cnaes@enseignementsup.gouv.fr

Violence against LGBTI people

- +33 (0)1 48 06 42 41 - [SOS Homophobie](https://sos-homophobie.org)
 - Monday to Thursday from 6 pm to 10 pm; Friday from 6 pm to 8 pm; Saturday from 2 pm to 4 pm; Sunday from 6 pm to 8 pm (excluding public holidays)
 - Anonymous helpline (in French)
- urgence@ravad.org - RAVAD
 - *Réseau d'Assistance aux Victimes d'Aggressions et de Discriminations* (Network for Assistance to Victims of Assaults and Discrimination) based on their sexual orientation, gender identity, and health status (in French)

If you wish to discuss your student, romantic, sexual, or friendship life confidentially, without necessarily being a victim or witness of violence, the chat (in French) commentonsaime.fr is available Monday to Thursday from 10 am to 12 am and Friday and Saturday from 10 am to 9 pm. Professionals will answer your questions anonymously and supportively.