Access to Information, News Consumption and Democratic Participation: A Nationwide Experiment in French High Schools

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Abstract:

Despite unprecedented access to information in the digital age, young citizens face growing challenges related to misinformation and political disengagement. This largescale randomized controlled trial examines the impact of two complementary interventions designed to enhance news consumption and media literacy among highschool students, implemented in France over the 2024-2025 academic year. The study involves 241 high schools (for a total number of 7,562 students), randomly assigned to receive one or both of the following interventions: (i) a free digital subscription to the leading daily newspaper, and (ii) media education modules implemented by teachers. We can uniquely track the actual online news consumption of the students. We document a very large uptake of the free subscription, and a large increase in both news consumption (+0.30 to 0.43 standard deviation) and media literacy skills (+0.14 to 0.19 sd). We observe a 0.16 to 0.23 sd increase in news knowledge among the subset of students from a disadvantaged socioeconomic background, reducing information inequality by between one third and one half. Our findings thus suggest that providing high-school students with free access to high-quality media may be an effective and scalable tool to improve information access and equality.