

SARAH TEGAS

PERSONAL INFO



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Paris, France



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<https://www.linkedin.com/in/sarah-tegas>

LANGUAGES

French

Native speaker

English

Fluent

Italian

Fluent

EXTRACURRICULARS

Captain, EUI Rowing Club (2024)

Board Member, Manchester

University Politics Society (2019 - 2021)

Peer Mentor, University of Manchester (2019 - 2020)

English Tutor to refugees and asylum seekers, Cornerstone Day Centre (2019 - 2020)

Youth Leader, Scouts Ste-Vé (2018 - 2019)

Volunteer, African Impact (2016)

EDUCATION

PhD Political Science, School of Research, Sciences Po, *Sep 2024 – Sep 2027* (Paris, FR)

Doctoral candidate within the project “beyond Coalitions: Small States in UN Climate Negotiations” (BeCoSS Climate), under the supervision of Carola Kloeck.

MA Transnational Governance, Florence School of Transnational Governance, European University Institute, *Sep 2021 - Jun 2023* (Firenze, IT)

Interdisciplinary program with hands-on training in policy making to deal with transnational challenges. Specialization in climate governance and international political economy.

- Award recipient for excellence performance (GPA > 85).
- Final year capstone project involving the development of a policy framework on “sustainable prosperity”, based on a full-day workshop with experts’ interventions and strategic foresight activities.

BSocSc (Hons) Politics and International Relations, The University of Manchester, *Sep 2018 - Jun 2021* (Manchester, UK)

Research intensive program aimed at critically examining international and comparative politics. Specialization courses in environmental politics, sustainable development, international political economy and European politics.

- Final grade: First Class Honours
- Thesis: How has Covid impacted the ecological transition in European cities? A case study of Paris, Milan and Amsterdam.
- Obtained the University’s most prestigious extra-curricular accolade, the Stellify Award, by completing 30h of community work, ethics workshops and taking up leadership roles in the student community.

Certificat d’Enseignement Secondaire Supérieur, Collège Sainte Véronique, *Sep 2012 – Jun 2018* (Liège, BE)

Scientific options and English immersion
Final grade: ‘Grande Distinction’

Semester Abroad, Burnaby South Secondary School, *Sep 2016 – Nov 2016* (Vancouver, CAN)

WORK EXPERIENCE

Trainee, STG Climate, European University Institute, *Sep 2023 – Aug 2024* (Florence, IT)

Working under the EIB Chair on Climate Change Policy and International Carbon Markets - Prof. Jos Delbeke, by supporting:

- The organization of high-level policy dialogues, managing events’ logistics, stakeholders’ engagement for 30-100 participants, and producing background material.
- Master specialization courses on climate policy; editing the syllabi, creating interactive class exercises, and ensuring the delivery of learning outcomes.
- The creation and dissemination of research and best policy practices by producing policy briefs, editing a book publication, delivering technical workshops.
- Relationships with funders (EIB, CIFF) through activity reporting.

SKILLS

- Project management, evaluation and reporting
- Policy design, analysis and strategic foresight
- Qualitative research methods: literature review, expert interviews, content analysis (policy reports)
- Quantitative research methods: large-scale survey analysis (SPSS), statistical design, content analysis (social media)
- Interpersonal skills: intercultural communication, responsible negotiation, team player
- Full proficiency using MS Office, Canva, Notion
- Public speaking, speech writing and storytelling

Coder, Robert Schuman Centre of Advanced Studies, European University Institute, Mar 2024 – May 2024 (Florence, IT)

Contributing to the EU&I Voting Advice Application on the 2024 European Parliament elections.

- Coding Belgian political parties' stances on policy statements

Research Assistant, Florence School of Transnational Governance, European University Institute, Jan 2023 – Jan 2024 (Florence, IT)

Assisting Prof. Nicolaidis and Prof. Lempereur for their course on 'Responsible Negotiations Across Borders', by co-writing an international climate negotiation simulation case.

- Conducting extensive research on UNFCCC negotiations and parties.
- Organising full-day negotiation simulations for 40 master students on a Conference of the Parties in 2030.
- Working with other institutions (MIT Sloan, Harvard KS) to disseminate climate negotiation simulations and skills.

Climate Policy Officer, Volt Europa, Jun 2022 – May 2024 (The Hague, NL)

Part of the College of Policy Shapers drafting the Political Programme for the 2024 European Elections of Volt Europa, a pan-European political party and social movement.

- Researched and wrote policies on the topic of 'Sustainable Prosperity', addressing the EU Green Deal through its economic and social impacts.
- Co-drafted the party's economic vision by developing a 'Beyond Growth' perspective.
- Speaker at General Assemblies to present climate and economic policies.

Dahrendorf Fellow, St Anthony College, Oxford University, Dec 2021 – Jun 2023 (Oxford, UK)

Scholar in the 'Europe in a Changing World' project, part of the Dahrendorf programme.

- Participation in seminars, high-level academic conferences, and collaborative research, on perceptions of Europe in the world.

Intern, European Parliament, May 2022 - Jul 2022 (Brussels, BE)

Study visit in the Directorate General on Internal Policies (DG IPOL) in the Transport and Tourism (TRAN) committee.

- Contributed to the drafting of an Initiative Report on sustainable urban mobility.
- Attended and drafted feedback notes on committee meetings, trilogues, international conferences, and shadow meetings.

RESEARCH OUTPUT

Bindy, C., Bradley, A., Ifwanga, T., Lempereur, A., Nicolaidis, K., Tegas, S. (2023, June 12) *Making Progress Under Pressure II: How C-ROADS Can Train Better Negotiators*. MIT Sloan Sustainability Initiative. Available at: <https://mitsloan.mit.edu/centers-initiatives/sustainability-initiative/making-progress-under-pressure-ii-how-c-roads-can-train-better-negotiators>

Tegas, S. (2023) *Sustainable Prosperity: An Integrated Approach for Volt Europa and beyond*, Florence : European University Institute, 2023, EUI, STG, Capstone Report, 2023 - <https://hdl.handle.net/1814/76068>