

LAURA LISBOA

April 2026

🇵🇹 Portuguese | ✉️ marialaura.lisboa@sciencespo.fr • laura8lx@gmail.com | 📞 +351910689553

WORK EXPERIENCE

Sciences Po Paris | Center for International Relations **Sep 2024 - Present**

Doctoral Researcher in International Relations (CERI) - Supervisor: Ariel Colonomos

North Atlantic Treaty Organization | NATO Headquarters **May 2023 - Aug 2024**

Officer at the Defence Investment Division - temporary staff

The German Marshall Fund of the United States | Berlin Office **Jan - Apr 2023**

Program Assistant at the Geostrategy Hub on the project [Toward a Marshall Plan for Ukraine](#)

United Nations | New York Headquarters **Sep - Dec 2022**

Intern for Disarmament, Demobilization and Reintegration - Department of Peace Operations

North Atlantic Treaty Organization | NATO Headquarters

Private Secretary to the Secretary General Jens Stoltenberg

Jan - Aug 2022

Intern at the Defence Investment Division

Sep - Dec 2021

Universidade Católica Portuguesa | Lisboa

Research Assistant at the Centre for Political Studies (CIEP - IEP)

Sep 2020 - Aug 2021

EDUCATION

PhD in International Relations **Sept 2024 - Present**

CERI Centre de Recherches Internationales, Sciences Po, Paris • Doctoral Contrat

Master's in Political Science and International Relations **Summa Cum Laude 19/20**

Institute for Political Studies, Universidade Católica Portuguesa, Lisbon

awarded January 2021

Visiting Student at St Antony's College - University of Oxford

Trinity Term 2019 - full scholarship granted by BPI, Banco Português de Investimento

Bachelor's in Engineering Physics **Final Grade 17/20**

Instituto Superior Técnico, Lisbon University

awarded July 2017

RESEARCH & TEACHING

○ Teaching Assistant

MA course The Contemporary International System Sciences Po | Paris | Spring 25/26

MA course European Sovereignty Sciences Po | Paris | Winter 25/26

BA course The Return of Power Politics Sciences Po | Paris | Spring 24/25, 25/26

○ Grader

MA course Advanced Introduction to IR & Foreign Policy Analysis Sciences Po | Paris | Winter 25/26

MA course Diplomacy, Defence and Intelligence in World Politics Sciences Po | Paris | Spring 24/25

○ Research Assistant Centre for Political Studies, Catholic University of Portugal | Lisbon | School year 20/21

SCHOLARSHIPS & AWARDS

- [Master's Merit Scholarship](#) awarded by DGES the General Directorate of Higher Education 2018/2019
- [Alexis de Tocqueville Prize](#) awarded to the Annual Best Master's Degree Performance 2019
- [IDL - Instituto Amaro da Costa Prize](#) awarded yearly to the best post-graduate essay 2018
- [Bachelor's Academic Merit Diploma](#) awarded during the full length of my undergraduate degree 2014-2017

PUBLICATIONS *non-peer reviewed*

- ["NATO Deterrence against Hybrid Threats: Evolution and Challenges"](#) in Janus Anuário 24-25 (February 2025)
- ["Winter is Coming? O futuro da Inteligência Artificial"](#) in [International Affairs Network Spotlight 5](#) (Dec 2024)
- ["How to Protect the EU against Hybrid Threats"](#) as part of the CEPS Young Thinkers Initiative (July 2023)
- ["NATO 2030: What role for Innovation and Emerging and Disruptive Technologies?"](#) as part of the [YATA Germany NATO's Future Seminar 2021](#) (November 2021)
- ["Vom Kriege: Guerra e Política"](#) in [Journal Nova Cidadania 74](#) (May 2021)
- ["Portugal Digital"](#) in [International Affairs Network Spotlight 4](#) (May 2021)
- ["China and the Challenges of Digital Authoritarianism"](#) in [International Affairs Network Spotlight 2](#) (June 2020)
- ["O Populismo e a União Europeia"](#) in [Journal Estratégia XXVII](#) (in-paper only, 2018)

CONFERENCES & EXCHANGES

- Speaker [Lajes International Conference](#) (Azores, September 2025)
- Speaker [8th Annual Conference EISS - The European Initiative for Security Studies](#) (Thessaloniki, Jun 2025)
- Speaker [APCP 2025 - XII Congresso da Associação Portuguesa de Ciência Política](#) (Lisbon, March 2025)
- Participant [7th Annual Conference EISS - The European Initiative for Security Studies](#) (Prague, June 2024)
- Speaker [NATO Youth Summit 2023](#) as part of the [CEPS Young Thinkers Initiative](#) (Brussels, July 2023)
- Participant [National Defence Course for Youth](#) of the National Defence Institute (Lisbon, Sept 2022)
- Speaker [IPSA World Congress of Political Science 2021](#) (Virtual, July 2021)
- Participant [Advanced Programme in Diplomacy](#) of the Catholic School of Portugal (Virtual, July 2020)
- Speaker [Europaeum Workshop "China In Europe"](#) (Mafra, February 2020)
- Participant [SummerCEmp](#) by the Representation European Commission in Portugal (Monsaraz, Aug 2019)
- Participant [MIRAI Program - Politics, National Security](#) by JICE and the MFA Japan (Japan, Nov 2018)
- Participant [Seminar The American Proposition](#) at the Abigail Adams Institute, Harvard (USA, July 2018)
- Participant [8th School of Astrophysics and Gravitation](#) at CENTRA, IST (Lisbon, Sep 2016)
- Intern at [CERN European Organization for Nuclear Research](#) in collaboration with [LIP](#) (Geneva, Aug 2016)

FURTHER ACTIVITIES

- Member of the [Reflection Group of the President of the Republic of Portugal](#) (2023 - Present)
- Junior Associate Fellow at the [NATO Defense College](#) (2024 - Present)
- Member of [Clube Lisboa - Mesa Assembleia Geral](#) (2020 - Present)
- Vice President of the [International Affairs Network](#) (2019 - Present)
- Science communication at [The Science Network](#) (2024 -2025)

LANGUAGES

Portuguese • Native | **English** • Proficient | **French, Spanish, German** • Intermediate | **Russian** • Beginner